

## About ACC

Individualized ACC services include care for children and young adults who have needs related to autism, pervasive and other behavior disorders; cerebral palsy; orthopedic, vision and hearing impairments; and many other medical challenges.

Founded in 1941, the Center has long been recognized for its high-quality educational, therapeutic and residential services. In the tradition of Dr. Anne Carlsen, former administrator and famed disabilities advocate, the Center's staff strives to change lives forever.

### **Nurturing abilities. Changing lives.**

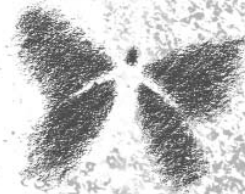
In addition to caring for ACC residents, our professional staff provides customized outreach support to schools, families and children with disabilities. We work with support personnel in developing effective community-based programs to ensure successful outcomes.

Outreach services include:

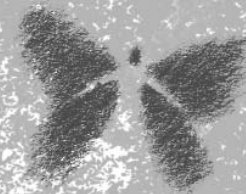
- Evaluation
- Consultation
- Outpatient therapy
- Professional development

For more information about outreach services, contact ACC at 800-568-5175, ext. 205.

# VALLEY CITY *Speech* THERAPY Services



*Anne Carlsen*  
CENTER



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CENTER

701 3rd St. N.W.  
Jamestown, ND 58401  
(800) 568-5175  
[www.annecenter.org](http://www.annecenter.org)

## ACC in Valley City

Anne Carlsen Center (ACC) offers speech therapy services in Valley City so that local families don't have to travel to the Jamestown campus for evaluations and direct therapy.

ACC speech-language pathologists work with clients ages 0–21 as part of home-based programs and agency-based programs, such as Head Start. In addition to treating speech impairments, they also provide therapy for young people with feeding and swallowing disorders.

If you think your child may need these services, contact the ACC therapy department at (800) 568-5175, ext. 142. A primary care physician referral for a speech therapy evaluation is necessary prior to receiving ACC services.

## Benefits of Early Therapy

“The development of communication skills begins in infancy, before the emergence of the first word. Any speech or language problem is likely to have a significant effect on the child's social and academic skills and behavior. The earlier a child's speech and language problems are identified and treated, the less likely it is that problems will persist or get worse. Early speech and language intervention can help children be more successful with reading, writing, school-work and interpersonal relationships.”

American Speech-Language-Hearing Association



*An ACC speech-language pathologist works with a young speech therapy client.*

## Our Caring Staff

Our highly-trained, caring speech-language pathologists all have experience in pediatrics.

Each therapist is certified from the American Speech Language Hearing Association (ASLHA). All are state licensed and carry a teaching certificate.

Our therapists work with both verbal and nonverbal children who may require alternative modes of communication including sign language, symbol boards and electronic communication systems.

## Developmental Milestones

The following are speech and language tasks that children typically accomplish by certain ages. If your child is having trouble reaching these milestones, contact your primary care physician to determine if a speech therapy evaluation is necessary.

### Six months:

- Makes many different sounds
- Laughs, giggles, coos with familiar people
- Turns and looks toward new sounds
- Babbles for attention

### One year:

- Understands “no”
- Likes to make sounds of familiar animals and things
- Says 2–3 words besides “mama” and “dada”
- Imitates familiar words
- Understands simple instructions (i.e., “Sit down.” and “Come here.”)

### Eighteen months:

- Uses 10–20 words, including names
- Combines two-word utterances
- Points to his or her toes, eyes and nose
- Brings an unfamiliar item from another room when asked for it
- Knows and names five things
- Waves “bye-bye”

### Two years:

- Identifies simple questions and commands
- Asks “What's this?” and “What's that?”
- Has about 300 words in speaking vocabulary
- Makes sentences composed of 2–3 words