

Make Them Laugh!

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Closing the Gap

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Definition of Humor:

The dictionary defines humor as “the ability to perceive, enjoy, or express what is funny or comical.”

The Laughing Classroom Oath

(To be stated while wearing a great big grin☺

I, _____,
Do solemnly swear from this day forward
To grease my giggling gears each day
And to wear a grin on my face for no reason at all!
I promise to tap my funny bone often,
With my students and colleagues,
And to laugh at least fifteen times per day.
I believe that frequent belly laughter
Cures terminal tightness, cerebral stiffness,
And hardening of the attitudes,
And that HA HA often leads to AHA!
Therefore, I vow, from this day forth,
To brighten the day of everyone I meet,
And to laugh long and prosper!

Real Teachers

Excerpts from: http://wallofjokes.hypermart.net/Education/Real_Teachers.html

Real teachers buy Excedrin and Advil in bulk!
Real teachers will eat anything that is put in the workroom/teacher's lounge.
Real teachers know that secretaries and custodians run the school.
Real teachers **never** teach the conjugations of lie and lay to eighth graders.
Real teachers have been timed gulping down a full lunch in 2 minutes, 18 second.
Master teachers can eat faster than that.
Real teachers drive older cars owned by credit unions.
Real teachers know the difference among what must be graded, what ought to be graded,
and what probably should never again see the light of day. **AMEN!**

Laugh Your Way to a Longer, Healthier Life

When you have a good laugh, your respiratory, glandular, skeletal/muscular, and cardiovascular systems all get exercised. Here's what happens:

Cardiovascular system: when you guffaw, both your heart rate and blood pressure go up.

When you stop laughing, they dip below normal. It's very much like aerobic exercise. It's why some researchers call laughing "internal jogging."

Respiratory system: After a hearty laugh, you frequently have to take in a big breath of air. Sometimes you cough, laughing is good for your respiratory system.

Skeletal/Muscular system: Sometimes you laugh so hard you can hardly get out of your chair. This happens because you laugh you relax your muscles. In fact, sometimes you relax your muscles so much that you (wet) your pants.

PRESCRIPTION FOR DEVELOPMENT OF YOUR SENSE OF HUMOR

- 1- Adopt an attitude of playfulness. This does not mean outrageous things, but your mind is open to silly thoughts.
- 2- Think funny.
- 3- Laugh at the incongruities in situations involving yourself and others.
- 4- Only laugh with others at what they do not what they are.
- 5- Laugh at yourself
- 6- Take yourself lightly
- 7- Make others laugh
- 8- Realize that a sense of humor is deeper than laughter and more satisfactory than comedy, and delivers greater rewards than merely being entertaining. A sense of humor sees the fun in everyday experiences. It is more important to have fun than it is to be funny.

LAUGH A LOT!

Resource List		
Word Bingo	www.teachertools.com	Windows or Macintosh
The Laughing Classroom	Loomans, Diane	0-915811-44-8
Laughing Lessons	Burgess	1-575-42-075
Good site for poetry	www.gigglepoetry.com	
The Laughter Prescription	Peter , Dr. Laurence. J.	-0345-29900-0
Ridiculous Knock-Knocks & Super Silly Riddles	Tait, Chris Keller, Charles	A flip-book ISBN 0-8060-7707-9
Boxer Shorts: the Ultimate Underwear Jokebook	Tait, Chris	ISBN 1-58865-067-7
The Wizard's Jokebook	Tait, Chris	ISBN 1-58865-028-6
101 School Jokes: Guaranteed to keep you awake in class	Schultz, Sam	ISBN 0-8225-0979-2
A Pocketful of Laughs	Cole, Joanna Calmenson, Stephanie	ISBN 0-385-32154-6
The Laugh a Minute Joke Book	Perret, Gene	ISBN 0-8069-7414-1
Great Book of Zany Jokes	Rissinger, Matt Yates, Phillip	ISBN 0-8069-0470-4
Kids' Funniest Jokes	Barry, Sheila Anne	ISBN 0-8069-0449-6
If You're Not Here, Please Raise Your Hand: Poems About School	Dakos, Kalli	ISBN 0-689-80116-5
Don't Read This Book Whatever You Do! More Poems About School	Dakos, Kalli	ISBN 0-689-82132-8
Kids Pick the Funniest Poems: Poems that make kids laugh	Lansky, Bruce, editor	ISBN 0-88166-149-X
A Bad Case of the Giggles: Kids Pick the Funniest Poems, Book #2	Lansky, Bruce, editor	ISBN 0-88166-213-5
Miles of Smiles: Kids Pick the Funniest Poems, Book #3	Lansky, Bruce, editor	ISBN
No More Homework! No More Tests! Kids' Favorite Funny School Poems	Lansky, Bruce, editor	ISBN 0-671-57702-6
101 Back-To-School Jokes	Eisenberg, Lisa Hall, Katy	ISBN 0-590-22379-8

Jokelopedia: the Biggest, Best, Silliest, Dumbest Joke Book Ever	Weitzman, Ilana Blank, Eva Green, Roseanne	ISBN 0-7611-2892-1
The Funniest Excuse Book Ever	Kushner, Maureen	ISBN 0-439-14686-0
The Super Joke Book	Brandreth, Gyles	ISBN 0-8069-6200-3
Nutty Knock Knocks!	Rosenbloom, Joseph	ISBN 0-8069-6304-2
Doctor Knock Knocks: Official Knock Knock Dictionary	Rosenbloom, Joseph	ISBN 0-8069-8936-X
Awesome Jokes	Keller, Charles	ISBN 0-8069-4378-5
Best Riddle Book Ever	Keller, Charles	ISBN 0-8069-9546-7
Tooty Ta	http://drjean.org/	CD Rom
Giant Children (Booger poem)	Bagert, Brod	ISBN 0-8037-2556-6
Teacher Therapy	Bowen, Judy Domeny	CD Rom
Intellitools Classroom Suite	Intellitools	
Let the Laughs Begin!: Humor Writing in the Classroom	Karen Jennings and Mark Pierce	ISBN 0-673-36351-1
Laughing Matters: Humour in the Language Classroom	Medgyes, Peter	ISBN 0-521-79960
License to Laugh: Humor in the Classroom	Shade, Richard A.	ISBN 1-56308-364-7
Game Show Presenter	Bodine Communications LLC	www.almorale.com
Comic Life	http://plasq.com/comiclfe	

Cheers and Celebrations

1. Brain Sprinkles
2. Mr. Good for You
3. Lookin' Good
4. Seal of Approval
5. Wave
6. Hip Hip Hooray
7. W O W !
8. Kiss Your Brain
9. Silent Cheer
10. Cowboy Cheer
11. Saturday Night Fever
12. Round of Applause
13. Trucker Cheer
14. Firecracker Cheer
15. Raise the Roof (House Cheer)
16. That's the Way I Like It!
17. Parrot Cheer
18. Pat Yourself on the Back
19. Ketchup Bottle Applause
20. Smile Cheer
21. Magic Cheer
22. Yes!
23. COOL
24. Fantastic
25. Sparkles and Rainbows
26. Butterfly Wave
27. Poets Clap
28. Knock Your Socks Off
29. Mosquito Clap
30. Snap Crackle Pop
31. Fish Applause
32. Clam Clap
33. Oreo Cheer
34. Excellent Cheer
35. Pencil Cheer
36. Roller Coaster Cheer
37. Elvis Cheer